Bien Dit 2: Chapter 8B

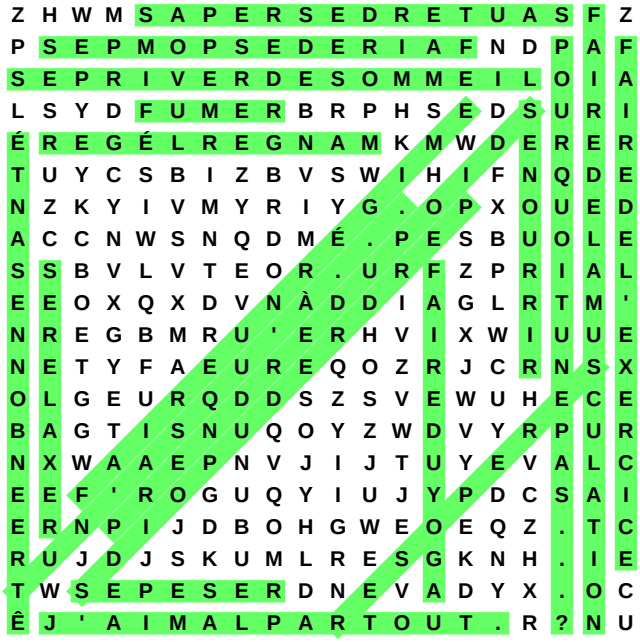
Z H W M S A P E R S E D R E T U A S F Z
P S E P M O P S E D E R I A F N D P A F
S E P R I V E R D E S O M M E I L O I A
L S Y D F U M E R B R P H S E D S U R I
É R E G É L R E G N A M K M W D E R E R
T U Y C S B I Z B V S W I H I F N Q D E
N Z K Y I V M Y R I Y G . O P X O U E D
A C C N W S N Q D M É . P E S B U O L E
S S B V L V T E O R . U R F Z P R I A L
E E O X Q X D V N À D D I A G L R T M '
N R E G B M R U ' E R H V I X W I U U E
N E T Y F A E U R E Q O Z R J C R N S X
O L G E U R Q D D S Z S V E W U H E C E
B A G T I S N U Q O Y Z W D V Y R P U R
N X W A A E P N V J I J T U Y E V A L C
E E F ' R O G U Q Y I U J Y P D C S A I
E R N P I J D B O H G W E O E Q Z . T C
R U J D J S K U M L R E S G K N H . I E
T W S E P E S E R D N E V A D Y X . O C
Ê J ' A I M A L P A R T O U T . R ? N U

TO SMOKE
TO DO YOGA
TO SKIP MEALS
TO DO PUSH UPS
TO GO ON A DIET
TO WEIGH ONESELF
TO DEPRIVE ONESELF OF SLEEP

TO RELAX
TO EXERCISE
TO BE HEALTHY
TO LOSE WEIGHT
TO FEED ONESELF
I ACHE EVERYWHERE.

TO REPOSE
TO EAT LIGHT
TO GAIN WEIGHT
WHY DON'T YOU?
TO LIFT WEIGHTS
ALL YOU HAVE TO DO IS...

Solution


Z H W M S A P E R S E D R E T U A S F Z
P S E P M O P S E D E R I A F N D P A F
S E P R I V E R D E S O M M E I L O I A
L S Y D F U M E R B R P H S É D S U R I
É R E G É L R E G N A M K M W D E R E R
T U Y C S B I Z B V S W I H I F N Q D E
N Z K Y I V M Y R I Y G . O P X O U E D
A C C N W S N Q D M É . P E S B U O L E
S S B V L V T E O R . U R F Z P R I A L
E E O X Q X D V N À D D I A G L R T M '
N R E G B M R U ' E R H V I X W I U U E
N E T Y F A E U R E Q O Z R J C R N S X
O L G E U R Q D D S Z S V E W U H E C E
B A G T I S N U Q O Y Z W D V Y R P U R
N X W A A E P N V J I J T U Y E V A L C
E E F ' R O G U Q Y I U J Y P D C S A I
E R N P I J D B O H G W E O E Q Z . T C
R U J D J S K U M L R E S G K N H . I E
T W S E P E S E R D N E V A D Y X . O C
Ê J ' A I M A L P A R T O U T . R ? N U