

Aventuras (Lesson 15)

M O V O T S I L S Á T S E J Z D R O G A
 O D Y U Y F D N U T R I C I Ó N O H M U
 I C A O I S A N M I G F L E X I B L E N
 R A M R O F N E E S R E N E T N A M W P
 A L H B A C I L Ó H O C L A A D I B E B
 T O R A V S F Ó T N A C N E E M E C H O
 N R P D C E S R A T N E L A C B U V O M
 E Í Q H Y E N E X C E S O Z L Í L D E S
 D A M J J M R O V I T C A O D F R R R A
 E A T C I D A G O R D M R A M O I A A N
 S U B Y P R B R I E J E T O G E X T P I
 Z P L G K D A N U M T E N P N S O E U M
 R T O N É D V F O S N I O D Q R B I R A
 I N C B N F E L E P T A A I K A C D A T
 C G I E A T U L P O G N S P Z N I A R I
 X L R S O C O F R I W V K I T E R R S V
 U E A M S C U B H N L F M D A R A A E S
 M R Ó Ú A M W P R O T E Í N A T D T T I
 G C M M A S R A Z A G L E D A N U S Z N
 U G U R N O A L I U Q N A R T E S E W I

WEAK
 CALORIE
 TO SWEAT
 TO SMOKE
 TO WARM UP
 TO WORK OUT
 TRAINER (M.)
 FAT (AJECTIVE)
 TO STAY IN SHAPE
 TO HURRY, TO RUSH
 TO PRACTICE, TO TRAIN
 TO HAVE A SNACK (IN THE
 AFTERNOON)

MUSCLE
 THE GYM
 VITAMINS
 NUTRITION
 CHOLESTEROL
 I LOVED IT!
 SEDENTARY (M.)
 ARE YOU READY?
 DRUG ADDICT (F.)
 ALCOHOLIC BEVERAGE
 HE SNACKS. (IN THE AFTERNOON)
 HOW WAS IT? HOW DID IT GO?
 (FOR YOU)

WITHOUT
 PROTEIN
 FLEXIBLE
 FAT (NOUN)
 DRUG (NOUN)
 ACTIVE (M.)
 TO LOSE WEIGHT
 TO BE ON A DIET
 CALM, QUIET (F.)
 IN EXCESS, TOO MUCH
 TAKE CARE! (SINGULAR, FAMILIAR)

Solution

M O V O T S I L S Á T S E J Z D R O G A
O D Y U Y F D N U T R I C I Ó N O H M U
I C A O I S A N M I G F L E X I B L E N
R A M R O F N E E S R E N E T N A M W P
A L H B A C I L Ó H O C L A A D I B E B
T O R A V S F Ó T N A C N E E M E C H O
N R P D C E S R A T N E L A C B U V O M
E Í Q H Y E N E X C E S O Z L Í L D E S
D A M J J M R O V I T C A O D F R R R A
E A T C I D A G O R D M R A M O I A A N
S U B Y P R B R I É J E T O G E X T P I
Z P L G K D A N U M T E N P N S O E U M
R T O N É D V F O S N I O D Q R B I R A
I N C B N F E L E P T A A I K A C D A T
C G I E A T U L P O G N S P Z N I A R I
X L R S O C O F R I W V K I T E R R S V
U E A M S C U B H N L F M D A R A A E S
M R Ó Ú A M W P R O T E Í N A T D T T I
G C M M A S R A Z A G L E D A N U S Z N
U G U R N O A L I U Q N A R T E S E W I