## Ven Conmigo 2 (Chapter 5)



FAT
ANKLE
WRIST
ROWING
TO MOVE
TO SWEAT
TO ENROLL
TO BREATHE
TO HAVE FUN
STOP SMOKING
DON'T ADD SALT
TRACK AND FIELD
TO HURT (ONESELF)

DIET<br>ELBOW<br>HEALTH<br>HEALTHY<br>BALANCED<br>TO AVOID<br>TO SPRAIN<br>be Careful<br>to dedicate<br>TO GET TIRED<br>I ALREADY KNOW<br>TO ACHE/TO HURT<br>IT'S JUST THAT...

NECK
HABIT
STRESS
CYCLING
SHOULDER
SWIMMING
WELL-BEING
DON'T BE...
COMPETITION
TO LOSE WEIGHT
TO LIFT WEIGHTS
CALF (OF THE LEG)
FOR (A PERIOD OF TIME)

## Solution

