

Realidades 3 (Chapter 3)

Q U E J A R S E E C A L A M B R E G A L
O X U P R O T E Í N A K J E S T I R A R
F H T O S T T E I Z B A D N E I R E M L
L E C I R O C A P E L B A D U L A S O D
E U Q Y M A O R A I X O T H M H F D Í W
X Q W A Z Í N E B W R A E O S E B O C C
I N R N E G S N F A E G I N O S L D A O
O U H F R R E A T J Q W D E T T I W V N
N A O U B E J M A A D O A L N R B W S C
A A I E E N O N C E E H U L E É É Y R E
R R C R I E I O S B I V T A M S D W A N
L B L Z F R N R H C E X I G I R G F P T
E I A A I S A B F H O O G T L D U A R R
B F C P E J A R U T A T S E A E O L O A
A Z S J A G U A N T A R O E R R R E P R
R A A L O E D A D I F A S T P V R R I S
A R E Y R I U L C N I V E L D W E G A E
J R A T W S O D A S E R T S E K I I D G
F X B Z J S A T N I C R E C A H H A O J
X A N I M A T I V R A L L O R R A S E D

YOGA
EMPTY
THE AGE
THE DIET
THE IRON
THE SYRUP
THE SNACK
THE FIBER
THE STRESS
TO STRETCH
TO INCLUDE
THE ALLERGY
TO COMPLAIN
THE STRENGTH
TO FLEX/TO STRETCH
TO ENDURE/TO TOLERATE

WEAK
STRONG
THE WAY
THE FOOD
TO RELAX
THE LEVEL
THE CRAMP
THE FEVER
TO DEVELOP
THE ADVICE
THE CALCIUM
THE PROTEIN
THE VITAMIN
TO CONCENTRATE
TO USE A TREADMILL

FULL
THE FLU
HEALTHY
TO AVOID
TO DEMAND
THE COUGH
TO ADVISE
THE HEIGHT
THE WEIGHT
THE ENERGY
THE ASPIRIN
APPROPRIATE
STRESSED OUT
TO TAKE/TO DRINK
DESPITE/EVEN THOUGH

Solution

QUE JARSEE CALAMBRE GAL
OXUPROTEÍNAKJESTIRAR
FHTOSTTÉIZBADNEIREML
LECIROCAPELBADULASOD
EUQYMAORAI XOTHMHFDÍW
XQWAZÍNEBWRAE OSEBOCC
INRNEGSNFAEGINOSLDAO
OUHFRREATJQWDETTIWVN
NAOUBEJMAADOALNRBWSC
AAIEENONCEEHULEÉÉYRE
RRCRIEIOSBIVTAMSDWAN
LBLZFRNRHC EXIGIRGFPT
EIAAISABFHOOGLDUARR
BFCPEJARUTATSEAE OLOA
AZSJAGUANTAROERRREPR
RAALOEDADIFASTPVR RIS
AREYRIULCNIVELDWEGAE
JRATWSODASERTSEKIIDG
FXBZJSATNICRECAHHAOJ
XANIMATIVRALLORRA SED