# Allez-Viens 2 (Chap. 7-2): En pleine forme 



OK
COME ON!
YOU'RE RIGHT
TO DO SIT-UPS
TO DO PUSH-UPS
YOU SHOULD... (INFORMAL)
YOU'VE GOT TO,,, (INFORMAL)
YOU WOULD DO WELL TO... (INFORMAL)

I CAN'T
I GIVE UP
TO TRAIN FOR
I'M LOSING IT!
NO, I PREFER...
YOU'VE GOT TO... (FORMAL)
WHY DON'T YOU...? (INFORMAL)
ALL YOU HAVE TO DO IS...
(INFORMAL)

NO WAY!
GOOD IDEA!
ONE MORE TRY!
HANG IN THERE!
I DON'T HAVE TIME
I JUST CAN'T DO ANY MORE!
YOU'RE ALMOST THERE!
(INFORMAL)

## Solution

$$
\begin{aligned}
& \text { K R R D ENOS IARSAUTVDTIE } \\
& \text { W X H B NX B TUYESPRES QUEX } \\
& \text { I R M J C SC U A' U Q S A' N UTEX } \\
& \text { K J S EOA B ONNEID ÉEP P P Z D U } \\
& \text { ES P N R P N RVZEANTUOLKNA } \\
& \text { NEG G EXMBLWFQUEQUEKEN } \\
& \text { N P V A U U C NAERRREXRES I I } \\
& \text { O M O I N E B O B EOP I E Y Q R D B M } \\
& \text { DOUPPEPN I FI JFLGE U E E E S O } \\
& \text { N P S A F E W T SKVVJKGO O FGIID } \\
& \text { A S D S F N Z S X B VVABM I É DA B } \\
& \text { B E ELO E E EW Z Y R H E D T R ' R A } \\
& \text { A D V ER J L U Z E U C H Q D U P A E S } \\
& \text { - EETTXLQAOURXKCNECFE } \\
& \text { J R Z E E D A S CX T Q B J R E J C U D } \\
& \text { S I X M Y W W A GLEBARTPNOTE } \\
& \text { H A C P B N W P HMRQXRPAORRR } \\
& \text { X F P S S I A RVEDUT Q CSNDH I } \\
& \text { S.ENTRAIINERÀ W A ZECLXA } \\
& \text { OGSULPXUEPNE'NEJJGPF }
\end{aligned}
$$

